



Please "Be kind" to our staff. A simple thank you, or a positive review could make the world of difference. Send any comments and feedback to email: roccg.swallownestcarecoordinators@nh.s.net

We will be closed from 12.00pm for training on Thursday 17th October 2024.

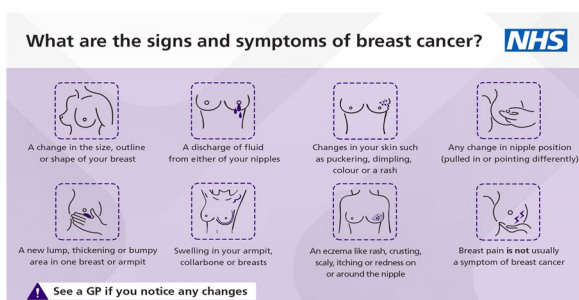
Our Macmillan coffee morning on Friday 27th September raised over £150 for cancer research. Thank you for all your support.



Breast symptoms to look out for:

- a new lump or thickening in your breast or armpit
- a change in size, shape or feel of your breast
- skin changes in the breast such as puckering, dimpling, a rash or redness of the skin
- fluid leaking from the nipple in a woman who isn't pregnant or breastfeeding
- changes in the position of the nipple

The symptoms listed here are more often caused by other medical conditions. But if you have any of them it is important to see your GP.



GP APPOINTMENT? CAN'T MAKE IT? DON'T NEED IT?

CANCEL IT!

DNA's September Breakdown
289 patients did not attend their appointments last month August 2024
That's 4% of appointments which has decreased by 1% since last month.

Here's the Breakdown

- ANP - 6
- GP appointments – 71
- Nurse appointments – 8
- HCA (blood/BP /other clinics) -73
- Minor Ailments – 12
- Pharmacist – 2
- Misc – 102
- Nasal Flu vaccine - 15

Appointments are valuable, and it's important that if you can't attend to let us know in plenty of time.

Did you know that the average cost of a GP appointment in the UK is £42?

To cancel an appointment please use the following options to allow someone else to use it.

call us on 0114 433 3888 the following options appear: -

Press 1 to cancel your appointment via an auto attendant.

Press 2 to speak to a Patient Services Advisor if you also need to rebook.

You can also cancel by emailing syicb-rotherham.swallownestnoreply@nhs.net

Please make every effort to attend your appointment





Address
 88-90 Laughton Road
 Dinnington
 Sheffield
 S25 2PS

Office: [01909 564888](tel:01909564888)
Mobile: [07793 940848](tel:07793940848)
Email: karen@thelearningcommunity.co.uk

The Learning Community was set up in February 2003 and since then we have supported 1000's of disadvantaged men and women develop personally. We are based in the heart of Dinnington, South Yorkshire and work predominantly in the Rotherham Area but also deliver in Doncaster, Barnsley and Sheffield to ensure those in need receive vital support to help remove barriers and aid progression to a more fulfilled and prosperous life. Everything we do is what communities and residents need. Initially set up as a Training Provider we have successfully delivered Apprenticeships over several years however we have worked hard over recent years to become a fully fledged Community Hub and that is how we are recognised and well respected now.



The Learning Community

Your Local Family Hub.



Family Walk & Picnic/Outings 10.30am-12.30pm/10am-3pm	7th, 14th August 2024, 19th Feb 2025, 9th April 25, 28th May 25
Metal Moulding Sessions 3.30pm-5.30pm	12th August 2024, 7th Oct 24, 10th March 25
Family Cooking Classes 10.30am-12.30pm	19th August 24, 17th Feb 25, 31st March 25, 7th April 25
Family IT Classes 10.30am-12.30pm	6th November 2024, 7th May 2025
Craft/Games Sessions 3.30pm-5.30pm	22nd August 24, 28th Oct 24, 16th December 24, 10th March 25
Snooker 4 all 1pm-3pm	28th August 24, 30th October 24, 18th Feb 2025
Accredited First Aid 11am-1pm	5th August 24, 23rd September 24, 28th Jan 2025

Contact us for more information and to book your place:

karen@thelearningcommunity.co.uk
 07793940848
 88-90 Laughton Road, Dinnington
 S25 2PS



FAMILY HUBS
Rotherham



Voluntary Action
Rotherham



Our Support services include:

- Employability Skills Development
- Personal Development
- Digital/IT Training
- Confidence and Motivation
- Access to Free online Maths and English tuition
- Food In Crisis parcels and Community Fridge access
- Loan of IT equipment
- Walking Group



2's Company

ARE YOU LOOKING FOR A NEW FRIEND?

Our new Befriending service offers up to 5 hours 1-2-1 support. Whether that is:

- A friendly cuppa and a chat
- Weekly wellbeing telephone calls
- Walks in green and blue areas
- IT/Digital support and development
- Attending a new group with you

We can visit you in the comfort of your own home or meet in a place of convenience to you.

For more information:
karen@thelearningcommunity.co.uk
 Karen Shaw: 07793940848
 We are here to help!



Living Your Best Life project



Unlock a healthier you! Join our activity and peer support sessions at The Learning Community, tailored for individuals in recovery. Embrace wellness and positive change today.

- Employability Skills
- Cooking on a budget
- Wellness Walks/Photo editing
- Resilience
- Health and Wellbeing
- Gong bathing
- Digital Inclusion
- Arts and Crafts

Follow us on Facebook



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