



Please "Be kind" to our staff. A simple thank you, or a positive review could make the world of difference. Send any comments and feedback to email: roccg.swallownestcarecoordinators@nhs.net

We will be closed from 12.00pm for training on Thursday 12th September 2024.

Order repeat prescriptions on the NHS App

- 📍 easily choose where your prescriptions are sent
- 🕒 order at a time that suits you
- 📞 need help? Access support in the app or visit nhs.uk/helpmeapp

NHS App

Apple, the Apple logo, iPhone, and iPad are trademarks of Apple Inc., registered in the U.S. and other countries. All other marks are the property of their respective owners. © 2024 NHS.uk. Google Play and the Google Play logo are trademarks of Google LLC.

We **do not** take prescription requests over the phone please use the NHS app, systmonline or the prescription box on the wall at the top of the stairs for paper written scrips. Thank you.



We will be holding our Macmillan coffee day on **Friday 27th September** here in the Health Centre why don't you come and join our staff and the PPG for a drink and some goodies and help raise money for Macmillan cancer support.



Book your flu vaccine here at the Health Centre clinics will be held on Saturday 5th & 12th October from 8.00AM till 2.00PM for all eligible patients. Other clinics will also be available during opening times Mondays to Fridays.

You can get the free Flu vaccine if you are ~

- aged 65 or over
- have certain long-term health conditions
- are pregnant
- live in a care home
- are the main carer for an older or disabled person, or receive a carer's allowance
- live with someone who has a weakened immune system
- Frontline health and social care workers can also get a flu vaccine through their employer.

From September 2024 all children aged 2 or 3 years on 31 August 2024 & all children in clinical risk groups and ages 4-17. All Pregnant women.

From October 2024, those aged 65 years and over & those aged 18 years to under 65 years in clinical risk groups.

Why do I need to wait until October?

This is because the latest scientific evidence shows that protection from the flu vaccine decreases over time in adults. It is therefore better to have the vaccine closer to when flu typically circulates. The October start time is the same for pharmacies as well as GP surgeries.

GP APPOINTMENT?
CAN'T MAKE IT?
DON'T NEED IT?

CANCEL IT!

DNA's August Breakdown

229 patients did not attend their appointments last month August 2024

That's **5%** of appointments which has increased since last month.

Here's the Breakdown

- GP appointments – **63**
- Nurse appointments – **12**
- HCA (blood/BP /other clinics) -**59**
- Minor Ailments PA's – **6**
- Pharmacist – **5**
- Misc – **84**

Appointments are valuable, and it's important that if you can't attend to let us know in plenty of time.

Did you know that the average cost of a GP appointment in the UK is £42?

To cancel an appointment please use the following options to allow someone else to use it.

call us on 0114 433 3888 the following options appear: -

Press 1 to cancel your appointment via an auto attendant.

Press 2 to speak to a Patient Services Advisor if you also need to rebook.

You can also cancel by emailing syicb-rotherham.swallownestnoreply@nhs.net

Please make every effort to attend your appointment



Everyone turning 75 years old on or after the 1 September 2024 will be offered a single dose of RSV vaccine. This is because older adults are more at risk of serious complications from RSV. You can still get the vaccine up to the day before you turn 80.

For the first year of the programme, the vaccine will also be offered to those who are already aged 75 to 79 years on 1 September 2024 as part of a catch-up programme.

If you are not yet 75 the NHS will invite you for vaccination once you turn 75.

As this campaign starts during flu vaccination season and this vaccine cannot be given alongside the flu our first invitations may be sent later in the year.

Pregnant ladies will be offered it around the time of your 28-week antenatal appointment. Having the vaccine in week 28 or a few weeks after this will help you build a good level of antibodies to pass on to your baby before birth. This will give your baby the best protection, including if they are born early.

You can still have the vaccine later in your pregnancy, but it may be less effective. If it wasn't possible to have your vaccine earlier, it can be given right up until you have the baby. If you have it very late in pregnancy, it may still protect you from infection and reduce the risk of you spreading infection to your newborn baby.



<https://www.nhs.uk/conditions/respiratory-syncytial-virus-rsv/>