

Out of Hours Safe Space *Rotherham*



Mobile: 07760173504

Free Phone: 0808 175 3991

**Now Open Friday to Monday
Call us from 6pm**

- ✓ Anybody aged 18+ with a Rotherham GP
- ✓ 1 to 1 support and group social space
- ✓ No waiting list
- ✓ Free - refreshments and hot food also provided

For Professionals Making a Referral,
Scan The QR Code



South Yorkshire
Integrated Care Board

Commissioned by NHS South
Yorkshire as part of the mental
health crisis pathway

RotherhamSafeSpace

@SafeSpaceRoth



Here To Listen If You Are...


- Feeling stressed, anxious or depressed
- Struggling to cope
- Thoughts of self-harm
- Thoughts of suicide


We aren't doctors or nurses, but we are all highly trained in Mental Health Support and Suicide Prevention



Call us 6pm to midnight

Over the Weekend Support
Friday to Monday

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 **Tassibee Centre,**
36 Godstone Road,
Rotherham
S60 2PU



If you are unable to drive or pay for public transport we can support with Taxi's to and from our site.