

The Primary Care Network Website contains a wealth of community related health and wellbeing resources, including all those listed below which have been highlighted for easy reference.

www.rothervalleysouthpcn.co.uk

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Rotherham Gismo is a very useful local directory which is easy to navigate by inputting your postcode or subject of interest. It contains details of over 600 groups, events, activities and contacts for support.

www.rotherhamgismo.org.uk

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Rotherhive is another great directory resource for finding health and wellbeing resources, ideas and links to specific support, including the following; alcohol, bereavement, covid-19, mental health, debt, dementia, domestic abuse, drugs, eating disorders, gambling, homelessness, self harm and suicide prevention.

www.rotherhive.co.uk

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The directories include these resources that you may find particularly useful, many more can be found through the directories mentioned above or via internet and social media searches.

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Age UK Rotherham- working in the community to support older people, their families and carers. Includes support with blue badge applications

<http://www.ageuk.org.uk/rotherham> Tel 01709 835 214

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Change Grow Live- help people who have issues with drugs and alcohol.

<http://www.changegrowlive.org/drug-alcohol-recovery-rotherham/info> Tel 01709 917649

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Crossroads Care Rotherham-a leading provider of practical support for Carers and people with care needs.

<http://www.crossroadsrotherham.co.uk> Tel 01709 360272

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Cruse - trained in all types of bereavement to offer support

<https://www.cruse.org.uk/> Tel 0808 808 1677

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Functional Fitness-expert support with fitness and rehabilitation exercise

www.functionalfitnessrx.co.uk Tel 07740 188212

Get Healthy Rotherham-Free service that helps people to manage their weight and lifestyle and stop smoking.

www.gethealthyrotherham.co.uk Tel 01709 718720

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Rotherham IAPT-offer a range of talking therapies to help with mental health

www.iapt.rdash.nhs.uk Tel 03000 215108

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Kiveton Park Independent Advice Centre-Money, Debts, Benefits, Legal Advice

www.kpadvice.org.uk Tel 01909 773966

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Kiveton Park and Wales Community Development Trust- Social Activities, including walking group and coffee morning, food Bank and sports facilities

www.kpwcdt.co.uk Tel 01909 773348

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The Learning Community Dinnington -expert help with employment and skills

<http://www.thelearningcommunity.co.uk> Tel 01909 564888

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RMBC Care Help-Get help for someone who is being abused or neglected, get paid directly for care services, to live independently, find a care home, find the right home care services, access care assessment.

www.rotherham.gov.uk/health-social-care/get-help-adult-needs-care-support/1

Tel 01709 822330

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Rotherham Rise-support adults, young people and children affected by domestic abuse and sexual exploitation

www.rotherhamrise.org.uk Tel 03302020571

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Working Win supports people who have a health condition to find and stay in employment.

www.workingwinreferrals.co.uk Tel 0114 2900218