



# Swallownest Health Centre

Patient Participation Group

Annual General Meeting

19<sup>th</sup> May 2022





WELCOME





**ON SILENT MODE PLEASE**



# House keeping

# Agenda

---

Welcome by Chair

---

Apologies

---

Minutes of Last Meeting

---

Appointment of officers

---

Practice Update

---

Additional services - Connect Health Care Rotherham

---

Connect with the Parish Council

---

Close

# Minutes of last meeting

- Available [here](#)
- Actions
  - SHB to check how patients will access GP appointment if needed after seeing First Contact Physio - assigned to **AL**
  - **PPG** members to provide feedback on SHC website
  - **SHB** to add friends & family questions asked to these minutes
  - ~~**MG** to forward contact at New Hope Food Bank to TF~~
  - ~~**SJM** & TF to consult re: PPG members & non attendance~~

# Appointment of PPG officials

- Chairperson
- Vice Chairperson
- Secretarial services to continue with health centre transferring to the Care co-ordinators.
  - Welcome Amy & Hayley
  - Many Thanks to Shelley for her service over the last few years.

# Practice Update



4%  
DID NOT  
ATTEND

96%  
ATTENDED

If you are unable to attend always cancel your appointment



“

**Compared with this time a year ago, England has the equivalent of 369 fewer full-time, fully qualified GPs - having lost 30 in the most recent month alone. This means each day there is one less doctor for patients to see.**

BMA



We are all human

The suicide rate for doctors is between

**two and five times**

the general population; the highest risk is in female doctors<sup>1</sup>



The prevalence of common mental health conditions among UK doctors is between **17% and 52%**<sup>1</sup>



The most common presenting problems include **depression, anxiety and low self-esteem**<sup>1</sup>

**33% of consultants and 36% of junior doctors**

report feeling unwell due to work-related stress in the previous 12 months<sup>1</sup>



**1 in 3 doctors** use alcohol, drugs, self-medication or prescribing as a way to cope with a mental health condition regularly or occasionally<sup>2</sup>



Only **41%** of doctors who have experienced mental ill health disclosed this<sup>3</sup>



**97%**

believe the NHS has a culture of viewing excessive stress and workload as the norm<sup>4</sup>

**47%**

feel able to raise concerns within their organisation regarding their wellbeing and stress/workload<sup>4</sup>



**28%** will try and deal with a mental health issue alone;

**57%** look to their family; very few know of or look for help elsewhere<sup>4</sup>

Doctors have a reluctance to admit personal illness and take a

**third of the sick days**

of other NHS staff<sup>5</sup>



# Additional Services



# Connect with the Parish Council

---



