

Swallownest Health Centre

Patient Participation Group

Annual General Meeting

19th May 2022













House keeping

Agenda

Welcome by Chair

Apologies

Minutes of Last Meeting

Appointment of officers

Practice Update

Additional services - Connect Health Care Rotherham

Connect with the Parish Council

Close

Minutes of last meeting

Available <u>here</u>

- Actions
- SHB to check how patients will access GP appointment if needed after seeing First Contact Physio
 assigned to AL
- PPG members to provide feedback on SHC website
- SHB to add friends & family questions asked to these minutes
- MG to forward contact at New Hope Food Bank to TF
- SJM & TF to consult re: PPG members & non attendance

Appointment of PPG officials

- Chairperson
- Vice Chairperson
- Secretarial services to continue with health centre transferring to the Care co-ordinators.
 - Welcome Amy & Hayley
 - Many Thanks to Shelley for her service over the last few years.

Practice Update





If you are unable to attend always cancel your appointment



Compared with this time a year ago, England has the equivalent of 369 fewer full-time, fully qualified GPs - having lost 30 in the most recent month alone. This means each day there is one less doctor for patients to see.

BMA



We are all human

The suicide rate for doctors is between

two and five times

the general population; the highest risk is in fernale doctors¹





The prevalence of commor mental health conditions among UK doctors is between 17% and 52%



The most common presenting problems include depression, anxiety and low self-esteem¹

33% of consultants and 36% of junior doctors

report feeling unwell due to work-related stress in the previous 12 months¹

1 in 3 doctors use alcohol, drugs, self-medication or prescribing as a way to cope with a mental health condition regularly or occasionally²





Only 41% of doctors who have experienced mental ill health disclosed this³



97%

believe the NHS has a culture of viewing excessive stress and workload as the norm

47%

feel able to raise concerns within their organisation regarding their wellbeing and stress/workload⁴



28% will try and deal with a mental health issue alone:

57% look to their family; very few know of or look for help elsewhere⁴

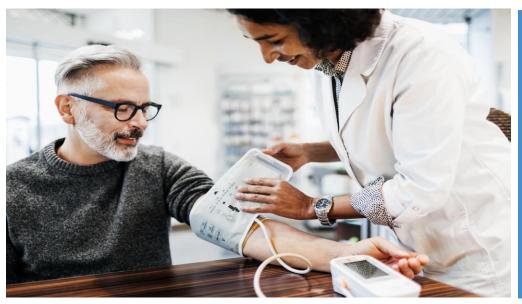


Doctors have a reluctance to admit personal illness and take a

third of the sick days

of other NHS staff⁵

Additional Services





Connect with the Parish Council





